



Up, up
and away
Approximately 100
hot air balloons
take flight.
Pages 6 & 7

SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



It's time
to speak up
Right here
to remember
missing women
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WEDNESDAY, OCTOBER 11, 2017

CONESTOGA COLLEGE, KITCHENER, ONT

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Prime Minister Justin Trudeau takes a stroll in a spirit of fun to lay the official first log of the 68th annual K-W Oktoberfest on Oct. 7. Approximately 700,000 people were expected to attend the festival.

Oktoberfest is 'wunderbar'

BY MICHELLE CLARK

Kitchener-Waterloo had its estimated 150,000 people line up events Oct. 10 for the 68th annual Oktoberfest parade. Forty-one floats and marching bands travelled the parade route that stretched approximately five kilometres. Mass Oktoberfest, Oktober Haus and Taste Foods were some of the stops at the event.

Another way to celebrate the opening weekend of K-W Oktoberfest was Prime Minister Justin Trudeau. He was there to kick off the festival with the official log tapping on Oct. 7 which also marked the first evening of the carnival. The K-W Oktoberfest Mobile

Magpie was the first place to have a beer. It featured a full pub with a variety of Canadian flag-themed beer crowd encouragement was added into the act.

Nathan Parnis, a K-W resident, was asked which was his favourite parade float. "The one with the puppets," he said, "because they come up to us and started talking."

The parade filled the streets with vibrant singing, dancing and German-themed traditions. K-W's Oktoberfest parade held every Thanksgiving Monday, a more than just a way to celebrate the kids and get some fresh, crisp Oktoberfest morning air. It is a tradition.

Many families are excited

to bring their family together and celebrate.

Debbie Kalkbrenner has been bringing her sons Lukas and Owen to the parade since they were born.

When did she begin attending the Oktoberfest parade? "When I was, yeah, seven," Debbie said.

What keeps her returning year after year? "Just tradition and supporting Oktoberfest and our German heritage."

Trudeau was a welcome hit throughout the large crowds lining the streets.

Ross, Sherrin, a mother of 10 children, said, "I've been here for 23 years and I always come. I love it, it's a tradition

in some home."

Family traditions are important, especially when it comes to the family business. This is true for Louise Trudman, a woman who has walked the streets of the parade since her son's birth. He would accompany her dad, selling popcorn and cotton candy to the eager children.

Why does Trudeau continue to bring his son to Oktoberfest in the parade each and every year?

"There is hardly anyone left doing this," he said. "It's always been I've been coming here for 23 years."

There is also a collective feeling of togetherness that resonates with the citizens.

What is and is love about communities coming together at the name of tradition, heritage and family?

Richard Froehlich, an Oktoberfest parade attendee for as long as he can remember, said what he enjoys about the event and also what draws him back every year is "all the gatherings and everybody getting together."

With all of the excitement surrounding Oktoberfest, and the rich traditions that the event has to offer, families need an opportunity to gather together as a whole to celebrate the German history the community is built on.

For more information on the event, visit www.kw-oktoberfest.com.

Was scrapping the renewable energy plan a Wynne?

BY ROBERT JAMES

Ontario Premier Kathleen Wynne said the provincial government would like to see a discussion of approximately 10 amendments on the electricity services plan announced by 2018. However, this same government initially scrapped a plan to upgrade 10 billion in renewable energy sources.

"It's a step backwards," said Bryan Fitzmaurice, a Conestoga student. "Renewable energy needs to be at the forefront

and have our country's citizens. Canada and specifically Ontario need to be part of the green narrative and take some responsibility in furthering our economy and province in the right direction. They need to stop scrapping the money and deal with these head on."

Scrapping the climate change action plan, which was announced June 8, will save taxpayers approximately \$1.45 billion being added to their bills each month.

"I've been asked in that way to bring bills down," Kierney

Monter, Ellen Thaler and on a Sept. 27 Toronto Star article. "When our experts said we didn't need it, that's where I stood."

An Ontario ministered electricity bill with Hydro One as a company around \$200 per 1000 kilowatt-hours (KWH) per the province has been pushing up the price.

Karenna Black, a first-year broadcast journalism student, said, "We have to push the government to understand it [Hydro] because if we actually have it to the point where we are

exporting it and selling it, then we should find a way to use people to better afford it. The reason we are paying these high prices is because we have not went out there and started to sell and started to produce the cheap things to make them get up out of these chains and out of us. That if we get on track and keep paying the bills, they'll keep changing to the money."

While every hydro company has a basic monthly charge, energy charge per KWH and one or two other

services charges depend on the company. Hydro One says their bills with a basic monthly charge, energy charge, lost line charge, regulatory charge and delivery charge. This last charge is made up of five smaller charges that total \$20.00 per month, just a few dollars cheaper than the rates set of 2008 KWH of Hydro Quebec's electricity.

All of Hydro One's charges combined result in the price being nearly twice that of any other province.

Survival of the strongest

BY JAMES WELLS

You thought lifting all of that beer was going to be the hardest part of last October's? Try lifting hundreds of pounds of weight instead.

The Ravenna Strongman Challenge has been an annual event for the past nine years in Brecksville-Wickliffe, Ohio-based. Ten athletes from all over Ontario came to take part in the event for a chance to be dubbed the strongest man and win \$1,000. According to the event promoter, John Daupuy of Prime Post Productions, this year was the first year to be held by the Coscorba Club in Wickliffe.

October 14 is well known for drinking a crowd, drinking to German music and yes of course the beer flowery on the 14, the day after the big was moved. Wickliffe got pretty hot and heavy.

According to Dan Duke, strongest coach and organizer, the challenge that the athletes chose were based on "survival events."

"I've been a strength coach for over 10 years now and I'll tell you that some of the most difficult and challenging but beneficial strength events are the strongest events," he said.

Some athletes participate every year. "This is my fourth season competing," said Karl Hylund, this year's winner of the strongest challenge.

For some it is a new experience.

"I just won a 500 on Thursday 3:00. I called John on the Friday 3:00. It was like 'Can I just jump in?'

He asked me what my back means and deadlifts were. I told him and he told me 'You, you should be fine' and now I'm here," said Matt Gibson a first-time competitor.

The event consisted of five challenges — a farmers walk, two flip, leg press, super yoke and atlas stone pentagon — each having its own set of rules and style of workout. Each of the athletes had a chance to get 10 points in total, 10 points per challenge. Points were awarded depending on which place athletes finished in, in each challenge — from 10 points for first place to one point for last place, as long as the challenge was completed.

For the farmers walk, two flip and super yoke, if the athlete were unable to finish the challenge due to injury fatigue or the given time was exceeded, the distance from where they were or they were dropped would be measured and scored accordingly.

The first challenge of the day began with the farmers walk. This involved athletes carrying 275 pounds of weight in each hand and walking 50 feet. This group earned a prize and walking back all within 50 seconds. It was a tough challenge to start with less than half of the athletes were unable to finish.

The two flip was challenge number two. This was a full body workout, getting the athletes from both their lower and upper body strength. It involved athletes lifting a large bar that weighed 500 pounds. Each athlete needed to get the bar past the 50-foot mark within 60 seconds. This time six out of the 10 athletes were able to finish the full 50 feet.



Photo by James Wells
John Gibson, one of 10 athletes in this year's strongest challenge, lifts a 200-pound log high above his head as he competes. Matt Gibson (left) cheers him on during the log press challenge.

Challenge number three was the leg press movement, that consisted of three flat motions. Athletes had to squat down, push a 150-pound bar upwards and then stand up. The athletes had to complete the challenge, lift it into their shoulders and then thrust it up over their heads. In order for a single leg press to count, each athlete needed to hold the bar up for at least a second.

Number four was the super yoke which involved athletes lifting 700 pounds in weight that was distributed evenly behind the neck and across the shoulders. The athletes needed to successfully lift the weight over their shoulders, walk 50 feet and finish the

challenge within 90 seconds.

The atlas stone pentagon, the final challenge, was the climax of the day. It involved athletes lifting five plates, shaped stones onto five separate platforms within 60 seconds. Each stone had its own designated weight ranging from 200 pounds up to 350.

Before each challenge could continue the athletes needed some time to recover. This was the perfect time for the volunteers and organizers to have a late challenge. After rounds one and three, Duke called upon six young boys and girls from four to eight years old to take part in a small tire flipping challenge.

All of the children were able to successfully flip their tires, a strong sign of a winner.

October 14th, a night of music, food and beer, was a successful day for the Coscorba Club in Wickliffe.

October 14th and 15th, including beer, were also a success.

"This is my last great respect for the athletes, because of how difficult it is to compete in these events."

"You must help but respect it like you're not understood what these men and women are really trying to do, how difficult it is to lift these objects," he said.



Photo by James Wells

This year's Ravenna Strongman Challenge athletes pose for a group photo. From left to right: Karl Hylund, Dan Duke, John Daupuy, Matt Gibson, John Gibson, Karl Hylund, Dan Duke, John Daupuy, Matt Gibson, John Gibson.



Photo by James Wells

Karl Hylund, this year's winner of the strongest challenge, lifts through the gear onto bridges toward the 50-foot finish line during the super yoke challenge.

Fawning over flora

BY RORY LAMBERT

The Waterloo Region Museum, in cooperation with various forestry officials from the area, have been putting on an annual Forest Festival for four years to date.

This year the festival was a two-day educational program on Oct. 6 and 7 for Grade 6 and 7 students teaching them about the importance of trees. Over 400 students attended, according to Tracy Sawford, education co-ordinator of the museum. The event featured presentations and hands-on activities including information on forest ecology, silviculture, stream ecology, stream restoration, riparian and the impacts of climate change.

The day included all sorts of fun activities and games for the children, some even taking place in the village buildings. The heritage village includes a wide variety of exhibits. Other businesses, from a team that has a schedule from the past. Some other businesses include a blacksmith shop where kids were shown how to forge some basic tools, a wood and woodwork shop where woodworkers techniques were discussed (but there was no practical content), a carpentry shop, a repair shop and a general market. Everything is not just for and convenient and an afternoon from modern times. "It's like a whole different world inside the old world," said Detmold. Why an employee at the museum who was teaching the kids about leather working. Why have the time he spends in the village. His is big because in the area of old. "Everything today is so able to be done once. Back then they had things to last."

But there is much more than just the heritage



PHOTO BY RORY LAMBERT

Russ Poul, one of the interpreters who dress in authentic 1814 clothing at Waterloo Region Museum's Deer Heritage Village, streamers logs during a Forest Festival Oct. 6 and 7.

village to enjoy at the festival. Activities for the children were everywhere, including the village, up into some old houses which were not actually lived in, and even further out into the forested outskirts of the museum's property.

One of the first activities, before even entering the village was Old Dena - a unique talk on top where one student is chosen from the group to be a leader, or make a power because there aren't the only thing the students are after. The rest of the group stands with their backs toward the speaker and make shapes with their hands to illustrate what

essential actions they are taking together in a triangle over their head represented shingles. Shingles for shingles represented deer for food and there was another animal for water. After being told what animals they were, the speaker was sent off and the other kids were told to turn around and then watch someone they were. Later, the volunteer announced that the game was over because all the deer were eaten and explained to the kids what extinction is. After returning to the village, the children took part in blacksmith. The activity elaborated on their lesson about resource scarcity. They were given an example of

what resource scarcity can and given a large amount to go across the backhills place which were being used the resource scarcity. They used the resources to the top of the hill small wheels and pull them out of the ground, including the water. Blacksmiths at an animal conservation centre in Ontario it was brought in North America during the 1800s and is creating a lot of our native species today.

Many of the days activities were based around trees.

Participants learned how to distinguish which and why trees should be cut down, and that there are restrictions if a tree is over 100 centimetres in diameter it can't be cut down. Trees that their best to be older and their wood is not as valuable. Then, it can be a danger to the people walking down the trees and the ecosystems around them.

There was a total of 22 activities in all, so many that not even the kids on the trip could participate in them all.

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BYE-BYE FALL FESTIVAL PIE

Coventry's Students Inc. handed out apple and pumpkin pie in the lower Market on Oct. 6 as part of their Fall Festival that helped to raise money for C&A food bank.

PHOTO BY RORY LAMBERT



Clockwise from top left, A pilot lights off his burner in the night sky at the 2011 Albuquerque International Balloon Fiesta in New Mexico (Oct. 3 - 9). Balloons prepare to take off from a crowded launch field at dawn on Oct. 4. A balloon lands within the city limits of Santa Fe and Taos late in the day. A hot air balloon is seen off to the right among many others, A large Pango balloon is seen off to the right. First Christmas Eve balloon is seen off to the right. Balloons wait for the green light to join the main assembly. A hot air balloon is seen off to the right.

PHOTOS BY GUY LAWRENCE



Singers are given 'a shot'

BY BRANDY HUNNY

The fourth season of the singing competition *The Shot* is coming to Kitchener this November. With over 200 contestants, this season will be the most intense and best musical yet.

The show was started in 2004 by C.J. Allen, who is the executive director of the competition. He used to live abroad in South Korea where he worked as a professional in the entertainment and music industry. That country had a singing competition to bring students together and when Allen returned to Canada, he knew that he wanted to do something in Kitchener-Waterloo to carry the ropes and the tradition.

"There is a lot kinds of talent, not just in Kitchener-Waterloo, but all over Canada," said C.J. Allen, and Brandy Hunny, digital content specialist for *The Shot*.

After three seasons, this year's competition will be the first that is open to everyone over the age of 16 and not University of Waterloo/Western/Laurier/University of Guelph students. Hunny and there are only 12-15 performers from the region, the rest are either from other cities in Ontario or from outside the country.

One person is voted from the audience.

Contributors were able to apply online for the competition and will participate in the first round of auditions on Nov. 4 and 5. The semi-finals and finals will be live streamed on the Internet for friends and family who are not able to make it to the competition. Contributors for the event have made a clear they will not broadcast the event on TV.

"We want to make it more about the talent and less about the show," said Hunny.

Last year contestants were allowed to have another performance stage with their playing an instrument, but that is no longer allowed.

Hunny said, "The three winners will have a chance to win all about promoting confidence in the performer."

The finals will be held on Nov. 20 with a date and location still to be determined. The winner will receive opportunities to perform live on stage and on radio. Co-ordinators of *The Shot* encourage contestants of the trophy area to come out to the live event and support competitors, but, if that is not possible, to watch the live stream at www.theshotshow.com.

URBAN SKETCHERS CO-FOUNDER SHOWS OFF ART PIECES



PHOTO BY ANDREW SCHNEIDER

Brandy Hunny, one of the founders of the Kitchener-Waterloo Urban Sketchers group, poses with art pieces at their third annual art show held at Kitchener City Hall on Oct. 8. The group was founded in 2003. For video story, go to www.wpxonline.com.

THE HOCKEY BATTLE BEGINS



PHOTO BY ANDREW SCHNEIDER

Conestoga College's intercollegiate hockey season kicked off Oct. 3. The Don-Six teams were victorious over the Infralinks 3, on Oct. 5 at the Active Sportplex, moving them into first place overall. Altona, two Conestoga students battle for the puck.



COUNSELLOR'S CORNER: DEPRESSION

Most of us have experienced waking up in a bad mood or "feeling our frowns". These feelings are usually at their

lowest and last several minutes or hours after we wake up. These feelings are usually at their lowest and last several minutes or hours after we wake up. These feelings are usually at their lowest and last several minutes or hours after we wake up.

There are many signs which might indicate that you are experiencing depression.

ATTENDING: loss of joy in formerly pleasurable activities, fatigue, loss of feeling, loss of energy, loss of interest, loss of motivation, loss of ability to concentrate, loss of ability to think, loss of ability to make decisions, loss of ability to think, loss of ability to make decisions, loss of ability to think, loss of ability to make decisions.

PHYSICAL: experiencing any of the following signs or symptoms: loss of energy, loss of motivation, loss of interest, loss of ability to concentrate, loss of ability to think, loss of ability to make decisions, loss of ability to think, loss of ability to make decisions.

EMOTIONAL: irritability, withdrawal, anger, loss of motivation, loss of interest, loss of ability to concentrate, loss of ability to think, loss of ability to make decisions, loss of ability to think, loss of ability to make decisions.

If these symptoms persist, and if they interfere with your normal life, you may be experiencing depression. If you are experiencing these symptoms, you should seek professional help. You can contact the Counselling Services (444-4444) or the Student Services (444-4444) for more information.



HOROSCOPE

Week of October 11, 2010



Aries

March 21 - April 19

Today you're grumpy because the you that you've always wanted to be. You want to open up and be honest about yourself, and be confident in decisions that you've made.



Taurus

April 20 - May 20

Turn a new page in the book of your life - starting by prioritizing those around you, and appreciating life for what it is.



Gemini

May 21 - June 21

Now could be the time for a friend who you need to be close with to answer a difficult question.



Cancer

June 22 - July 22

If a group of people gives you a suggestion you hadn't considered, consider it. Go with your instinct on this one.



Leo

July 23 - August 22

Consider making time to be in a new niche station. After you've made that which you've been seeking.



Virgo

August 23 - September 22

Nobody is going to tell you when to do. You'll have to decide that for yourself, and today may be your day to decide.



Libra

September 23 - October 22

You'll remember something from your childhood that will make you think about how you treat those who are shared in you. Don't let this opportunity pass you by.



Scorpio

October 23 - November 21

It's a time of opportunity in your life. Don't think it out and do the right thing before that you won't win every battle, but you can always do your best.



Sagittarius

November 22 - December 21

Are you wondering about something an old class? Now is a turning point, and the past could finally be let go.



Capricorn

December 22 - January 19

If you need guidance, then don't get it all. When in doubt, watch someone you're like you.



Aquarius

January 20 - February 18

This week you have the chance to make a new start for yourself. It's time, just look out for the people around you and appreciate each moment the while it is.



Pisces

February 19 - March 20

You should give someone you love a word of encouragement. Answering questions for others will answer questions for yourself, and the answers will become clearer.



After a lot of studying, reality's tested.

Useless Facts

Crocodiles can't see their tongue out.

Typewriter is the longest word that can be made using the letters only in one row of the keyboard.

A cat's paw cannot move sideways.

A coin dropped in a glass of fresh champagne will bounce up and then immediately form the bottom of the glass in the top.

Elephants are the only animal that cannot jump.

Sudoku Puzzle

6	5	3	8				2	
	1		6	7		3		
					5		1	6
4	8	1	3		6		7	
	7		5		2			
5	6			7		1	4	
9		5		3				2
	2		9					
8				1	9	7	4	

Fill in the grid with digits in such a manner that every row, every column and every 3x3 box accommodates the digits 1-9, without repeating any.

Word Search

Arts and crafts

S	M	E	V	O	D	W	O	R	K	I	N	G	S
G	O	V	E	T	T	I	J	R	U	T	I	C	R
M	S	D	A	P	N	T	T	O	H	B	N	A	L
I	T	B	S	S	V	I	P	E	I	N	L	P	A
W	A	R	K	Y	G	U	O	O	M	D	D	A	R
O	I	U	B	G	T	B	E	P	L	C	I	A	C
L	M	S	T	H	S	I	E	H	I	E	B	C	O
R	H	M	I	T	I	M	K	T	L	A	L	R	C
S	D	E	A	T	B	A	X	I	U	P	D	B	L
S	O	S	K	T	K	E	N	L	E	O	X	B	N
A	L	P	I	I	V	O	L	O	B	S	L	O	B
L	A	Y	H	K	L	O	S	L	D	O	H	I	
G	S	G	K	L	E	Y	M	I	N	Y	C	B	F
E	S	B	O	H	I	K	A	M	L	L	O	X	J
Y	B	R	U	N	W	O	R	S	S	B	W	I	N
O	J	C	G	C	J	O	M	I	T	L	I	U	Q

BASKETMAKING
BLINDING
BLINDING
CANDLEMAKING
COLORING
DECORATING
DOLLMAKING
ITZY
GLASSBLOWING
HUBBY
KNITTING
MODS
NEEDLEPOINT
PAINTING
QUILTING
SCULPTURING
SEWING
SHOW
STAMPING
STENCILING
WOODWORKING



Ephraim Strong's children in Israel beyond started reorganizing on a regular basis. He also organizes young adult novels and textbooks.

Oktoberfest parade floats



Top marching bands participated in the parade including one from the City of Burlington (above) and the Palau Delfs marching band (below)



The parade was also host to 50 floats that made their way down the route for the hour and a half-long event. A returning crowd favorite was the inflated Witches' Banger (left), crouched and ready for any opponent to come too way.

Photos by Nicole Clark



through Kitchener-Waterloo



The Oktoberfest Heide Regatta, above, is float carrying a tall pole with a woody and German flag which was raised into the air after crowd encouragement, was the first parade float.

Below, the City of Burlington's marching band carried their flags with synchronization and precision.



David Kees was present throughout the parade in more than one form, the giant, inflated Kees had to duck under the street lights as he passed. Above, Kees stands on a float in a traditional Oktoberfest hat.

Lukas, Dawn and Denisse Kalfelbach, below right, were spectators of the parade. Denisse has been bringing her sons to the Thanksgiving Day festival since they were born, attending herself since she was seven years old.



